## Conduct of races, High jump, long jump, etc. thrilling displays of Teamwork and Agility <br> KMS COLLEGE OF IT AND MANAGEMENT DASUYA

| Conducted On | $: 13-03-2023$ |
| :--- | :--- |
| No. of Students | $: 74$ |

KMS College is proud to announce the resounding success of its highly anticipated Sports Meet 2021, where athletes from across the institution showcased their remarkable talents in various track and field events, including races, high jump, long jump, and more. Principal Dr. Shabnam Kaur, Director Dr. Manav Saini. The event was a celebration of teamwork, agility, and outstanding athletic prowess.

The Sports Meet, organized by the KMS College Sports Committee, was a culmination of months of dedicated preparation and rigorous training by both students and faculty members. It aimed to promote a spirit of healthy competition, physical fitness, and overall well-being within the college community.

High Jump and Long Jump: The high jump and long jump events witnessed athletes defying gravity with their incredible jumps. The precision and technique displayed by the participants were commendable, with several athletes achieving impressive heights and distances.

Relay Races: The relay races were a testament to teamwork and coordination. Teams comprising four athletes each showcased their ability to pass the baton smoothly while maintaining speed and precision. The relay events were filled with nail-biting finishes, keeping the audience on the edge of their seats.

Field Events: Apart from races and jumps, the Sports Meet also featured other field events such as shot put and discus throw. Participants exhibited their strength and precision, launching the implements with great skill.

KMS College recognizes that sports play a pivotal role in promoting physical fitness, teamwork, and overall well-being. The Sports Meet 2021 provided an opportunity for participants to not only showcase their athletic talents but also build strong bonds and foster a sense of belonging within the college.


# KMS College of IT and Management 

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KMS College of IT \& Mgmt.
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